



## Preparing for your Virtual Appointment

Virtual Appointments are face-to-face confidential encounters between Hastings Internal Medicine providers and patients through an electronic interface, such as a smart phone or web cam using encrypted software.

### **Before your appointment time:**

Download the free **doxy.me** app from the app store to your smart phone, or if using a web browser (Chrome or Firefox) with a web cam navigate to [www.doxy.me](http://www.doxy.me) and create a free account.

### **At the time of your appointment:**

1. Station yourself in a quiet, private area where you cannot be overheard by others. Be sure your television or radio is turned off.
2. Open the doxy.me application.
3. Enter the URL [HastingsIM.doxy.me/DrParker](http://HastingsIM.doxy.me/DrParker) to access the virtual office.
4. Enter your name to check in.
5. In the Waiting Room, read the consent to Virtual Appointment information.
6. The doctor will be with you shortly.
7. You may receive a text within the application before your appointment begins.

If technical difficulties interrupt the appointment, try to reconnect through the application. If you are unable to connect, the doctor will contact you by phone to complete the appointment.